

SEVA SAUBHAGYA

Pujya Shri Kailash 'Manav'

Price: 5/- | Year: 15 | Edition: 170 | Printing Date: 1 February, 2026 | Total Pages: 20



WHERE
COMPASSION
BECOMES THE
POWER OF
CHANGE



NARAYAN SEVA SANSTHAN

Nar Seva Narayan Seva

45TH DIFFERENTLY-ABLED MASS WEDDING CEREMONY



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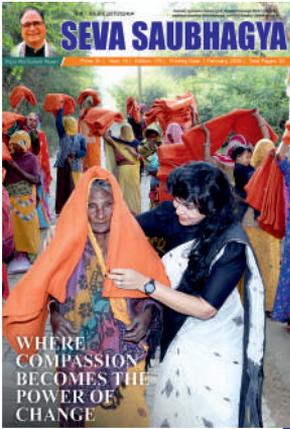
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Date:

14–15 March, 2026

Venue:

Seva Mahatirth
Badi, Udaipur
(Rajasthan)



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Seva Soubhagya
Print Date 1 February, 2026
Registered Newspaper No.
RAJBIL/2010/52404
Postal Reg. No. RJ/UD/29-
146/2023-2025. Despatch Date 1st
to 7th of every month, Chetak Circle
Post Office, Udaipur, Published by
Sole-Owner, Publisher and Chief
Editor Prashant Agarwal from
Sevadham, Hiran Magri, Sector-4,
Udaipur -313002 (Raj) Printed at
Newtrack Offset Private Limited,
Udaipur. Total pages- 28 (No. of
copies printed 1,50,000) cost- Rs.5/-

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Hard work, Struggle, and Determination

-Sevak Prashant Bhaiya

Determination—Through the power of determination, a person can overcome the difficulties of life and bring about the desired transformation. Determination is born from thought, and positive thinking always leads to positive outcomes. In ancient times, sages attained extraordinary spiritual powers through intense penance. Even today, waves of thoughts constantly arise around us. The thoughts we absorb ultimately influence our lives. Every individual has a unique world of thoughts, which plays a vital role in shaping the condition and direction of their life. The stronger a thought is, the faster it manifests. When we focus our thoughts in a definite direction and with proper intensity, they succeed in achieving the goal in the same measure.

Transforming thought into determination and determination into reality is a discipline of the mind. The only condition is that, along with pure thoughts, one's conduct must also be pure and sattvic. A person with pure thoughts has a clean and strong mind, which makes even the most difficult situations easier to face.

Here, I would like to share the story of a differently-abled girl living in Tennessee (USA). Wilma Glodine Rudolph contracted pneumonia and scarlet fever at the age of four, which resulted in paralysis in her legs. Doctors declared, “Wilma will never be able to walk again.” Wilma was born into a poor family, but her mother was rich in thoughts and vision. She encouraged her, saying, “No, Wilma, you can walk—if you truly want to.” Wilma's willpower awakened, and she resolved to defeat this great challenge of life.

Her mother also said, “If a person maintains positive thoughts, has faith in God, and faces difficulties with hard work and dedication, they can achieve anything.” Brothers and sisters, at

your own Narayan Seva Sansthan, not only is free treatment provided to persons with disabilities, but programs are also organised to develop their power of determination. Employment-oriented skill training and activities like 'Apno Se Apni Baat' held every two to three months are important links in this very chain.

Despite paralysis, Wilma learned to read, write, and walk with the support of crutches at home. At the age of 15, she enrolled in a university, where she met a coach named Ed Temple. She said to him, “How can you help me? I want to become a fast runner.” The coach looked at her carefully. A differently abled girl dreaming of becoming a runner was extraordinary, but he was deeply impressed by her willpower. He replied, “Miss Wilma, no obstacle can stand before your determination. I will run with you.”

In track and field, Wilma won three gold medals at the 1960 Rome Olympics, becoming the first American woman to do so. She competed against the world's fastest runner, Jutta Heine. No one could have imagined that a girl who was once disabled could run with the speed of the wind. Thoughts possess immense power—they not only cure ailments but also transform attitudes. Along with physical health, one must strengthen mental health, because waves of thought and determination originate there. Wilma proved this truth through her life.

She received numerous awards for her contributions to sports and society. Indeed, the path to success passes through challenges. Thought is the birthplace of determination, and one whose thoughts are pure and positive remains steadfast and victorious even in the most difficult circumstances.



Life force is supreme above all



Every person, object, or place has its own unique importance. Society too is formed and develops in the same way, where people with diverse qualities come together to create a complete whole. No one can claim that society functions solely because of a single individual or class. The movement, progress, and balance of society are possible only through collective cooperation.

The human body is a living example of this truth. The body is alive because many organs and senses function actively, and each has its own role. Yet, beyond all these senses, there is one element that is even more important—the life force (pran). Without it, the body becomes nothing more than an inert and lifeless structure. Therefore, a person should never feel pride in their own speciality, because the formation of one's personality involves not only parents, but also society, circumstances, and the contributions of countless people.

Once, a dispute arose among all the senses about who among them was the greatest. Despite much debate, no conclusion could be reached. Finally, all the senses approached Prajapita Brahma and humbly asked, “Grandfather, who among us is the greatest?” Prajapita replied, “The one whose departure renders the body useless shall be considered the greatest.”

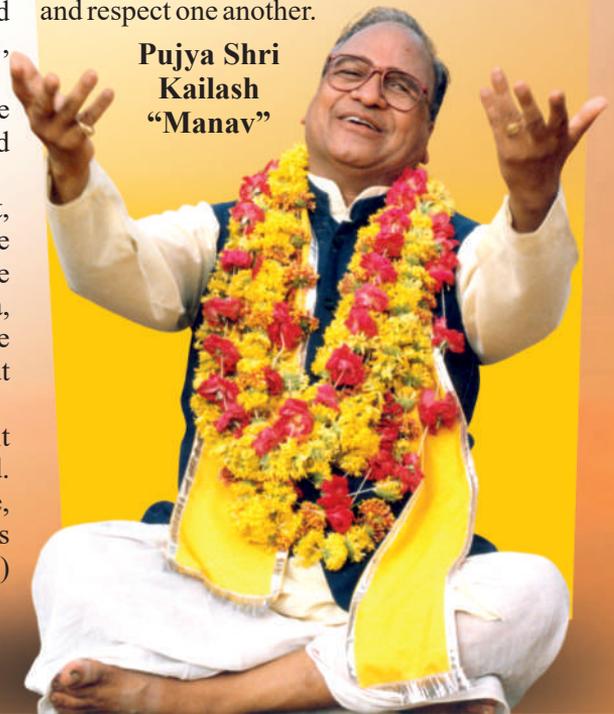
The senses decided to test this statement. First, speech left the body. When it returned after one year, the other senses said, “Without you, we were like the mute. With the support of prana, we continued breathing; the eyes could see, the ears could hear, and the mind could think, but we were unable to express our feelings.”

Next, vision left the body. Upon returning, it was told, “Without you, we were like the blind. Speaking, hearing, and thinking were possible, but moving forward without seeing was impossible.” Then, the sense of hearing (ears)

left the body. When it returned, the others said, “Without you, we were like the deaf. We could speak, see, and think, but we could not hear anyone.”

After that, the mind left the body. When it returned, the senses said, “Without you, we were devoid of thinking power. In the absence of understanding, there was neither creation nor innovation.” Thus, all the senses realised their individual importance, yet the question of supremacy still remained unanswered. At that moment, prana, which had remained silent until then, decided to teach them the true lesson and began the process of leaving the body. As soon as prana started to depart, intense disturbance arose within the body. All the senses became alarmed. The body began to grow weak and lifeless. Instantly, everyone realised their arrogance, in one voice, accepted the supreme importance of prana. As soon as prana returned and settled back into the body, it once again became alive, active, and conscious. Brothers and sisters, in the creation of an ideal society, every individual, class, enterprise, product, and place holds importance. If even one link becomes weak, the entire structure of society begins to collapse. Therefore, let us all maintain unity and respect one another.

**Pujya Shri
Kailash
“Manav”**



Broken Dreams Reunited

Vijay Kumar (24) from Muzaffarpur district in Bihar is now living his life with confidence and hope once again. A horrific train accident in 2019 had snatched away his dreams. He lost both his legs. He had left home happily to go to work, but fate had something else in store. The sudden tragedy struck his entire family like a mountain of sorrow. For some time, he felt helpless, but giving up had never been part of his nature. His family's financial situation was such that considering prosthetic limbs seemed impossible. Yet, with the support of crutches, he resolved to keep his life active. During this time, Vijay learned about Narayan Seva Sansthan. When he visited the organisation, doctors and specialists prepared Narayan Artificial Limbs for him. This felt like a fresh start. With the help of prosthetic legs, he not only learned to walk again but also resolved to rebuild his life economically. Under the organisation's Skill Development Program, he decided to undergo computer training, which included MS Office, Internet, typing, and digital communication.

Vijay completed this training with full dedication and is now actively contributing to strengthening his family's financial situation through digital work.

Vijay says, “The organisation didn't just give me legs; it gave me a new purpose to live.” Now, he is also determined to contribute to the vision of a self-reliant India by walking on the path of independence and self-sufficiency.

The radiance of Madhubani's Chandni blossomed at the Sansthan

Chandni, born with a physical deformity, was unable to stand properly on her own legs. Walking was extremely difficult for her, and her childhood was marked by constant struggles. This is the story of 18-year-old Chandni from Madhubani district in Bihar, who, since the age of three, has suffered from a severe disability causing both her legs to bend and twist at the knees. As she grew older, her difficulties only increased. She always needed some support to move from one place to another. Sitting at home, she began to feel inferior and hopeless.

Chandni lives with her parents and four siblings. Due to the family's weak financial condition, imagining expensive & advanced medical treatment was impossible. Time passed, but her father, Raman, and mother, Ritu Devi, never gave up hope. In search of treatment, they visited every place where even a ray of hope appeared, but every time they were met with disappointment.

During this period, through her maternal cousin and social media, they learned about the free polio treatment and rehabilitation services being provided by Narayan Seva Sansthan in Udaipur, which sparked a new hope in their hearts. In May 2024, Chandni's parents brought her to the organization, where specialist doctors conducted a thorough examination and began free surgical treatment. After around four operations and two successful treatments using the Ilizarov technique, Chandni's life saw a remarkable transformation.

When she returned for a follow-up in December 2025, she was able to stand much better than before and was confidently taking steps toward her future. This change was not limited to physical improvement alone; it also symbolised hope, self-confidence, and the powerful beginning of a new life.



Precious Occasion for Divine Manifestation

Mahashivratri is a grand festival celebrated on the Krishna Chaturdashi (the 14th day of the dark fortnight) of the Hindu month of Phalgun. The word 'Shiva' itself signifies happiness, welfare, and liberation (Moksha). Thus, Shivratri is revered as the night that bestows joy and divine well-being. Lord Shiva is the God of all Gods, which is why He is called Mahadev.

Mahashivratri is a sacred opportunity for a union with Lord Shiva. According to tradition, it was during the Nishita Kaal (the midnight hour) of this holy night that the Shivalinga first manifested. This festival is not merely a religious ritual but a celebration of the awakening of cultural and spiritual consciousness. It awakens our inner soul and blesses our lives with joy, energy, harmony, goodwill, and a positive perspective.

Mahashivratri is also celebrated as the divine wedding of Shiva and Parvati. For humanity, this festival serves as a gateway to experience the infinite void (Shunya) and the deep consciousness hidden within. This "void" is the primordial seed from which the entire creation emerges. Lord Shiva is Adidev (the First God), Devadhidev (the Supreme God), and Mahadev. He is both the Destroyer and the Benefactor. Known as Bhole-Bhandari, He is ever-ready to

assist those who call upon Him with a pure heart. For the welfare of the world, the destruction of old, decayed, and negative thoughts is essential, for within that very destruction lies the seed of new creation.

Whenever the universe faced a crisis, Mahadev always led the way with a solution. By consuming the Halahal poison during the Churning of the Ocean (Samudra Manthan), He saved the world from total annihilation. Bholenath also played a pivotal role in the descent of the holy river Ganga to Earth.

It is believed that performing the Abhishek (ritual bathing) and worship of Lord Shiva on Mahashivratri grants the spiritual merit (Punya) of bathing in all the holy pilgrimages. Those who observe fasts, engage in Sadhana (spiritual practice), and perform charity on this day experience the joys of life and eventually attain Shivaloka, merging into the essence of Shiva.

In Shiva worship, Bilva leaves and Dhatura flowers are considered very dear to Him. During the Abhishek, Panchamrit—made of milk, curd, ghee, honey, and sugar candy—is especially fruitful. Chanting the Mahamrityunjaya Mantra holds profound significance on this night; it brings peace to the mind, body, and soul, allowing the seeker to experience Shivatva (the state of being Shiva). Sadhana performed during this holy night of the union of Shiva and Shakti destroys all worldly sufferings and propels human life toward spiritual heights.



102 Differently-abled Individuals Receive Artificial Limbs and Callipers in Bhunav

With a steadfast commitment to service, compassion, and self-reliance, an Artificial Limb and Calliper Distribution Camp was organised on December 30, 2025, in Bhunav, Gujarat. The event was held under the auspices of the organization and through the generous sponsorship of the Matrushi Shantaben Tribhovandas Charitable Trust (T.M.T. Family, Bhunav). This camp brought a new ray of hope to individuals who had lost their limbs in road accidents or other tragic mishaps. During the camp, 40 Narayan artificial limbs and 62 callipers were provided, reigniting the flame of self-confidence in numerous families.

The event was graced by Shri Dineshbhai Patel (Chairman, APMC Unjha) as the Chief Guest, while the ceremony was presided over by Shri Harishbhai Patel, Head of the Matrushi Shantaben Tribhovandas Charitable Trust. The occasion was further honoured by the presence of distinguished guests, including social workers Shri Pravinbhai Patel, Shri Baldevbhai Patel, and Shri Jayantibhai Patel (Chairman, Masiya Mahadev Temple).

In addition to the limbs and callipers, the guests distributed 7 wheelchairs, 10 walkers, and 12 pairs of crutches to those in need. These assistive devices provided more than just physical support; they instilled a sense of self-strength, dignity, and a renewed aspiration to lead an independent life.



Tribute and Felicitation



Salutations to the Founder of the Organisation

The 78th birth anniversary of Pujya Gurudev Shri Kailash Ji 'Manav', founder of Narayan Seva Sansthan and recipient of the Padma Shri award, was celebrated on 2 January at the World of Humanity campus with service, simplicity, and human compassion. On this occasion, fruits, blankets, and assistive devices were distributed to persons with disabilities and underprivileged individuals, followed by a communal meal. In his insightful address, Gurudev said that today the organisation successfully operates numerous service projects across the country for the welfare of humanity in distress. He emphasised that the support, faith, and blessings of millions of well-wishers are the organization's greatest wealth. Expressing gratitude to all collaborators, donors, and dedicated volunteers, he said, "The smiles that bloom on the faces of thousands of poor and differently-abled people every day are the true meaning of my birthday." On this occasion, the organisation's President, Sevak Prashant Bhaiya, stated that the blessings of each beneficiary give Narayan Seva Sansthan daily new strength and energy, enabling the organisation to organise service camps in every corner of the country. He added that Gurudev is



the guiding inspiration and the central pillar of the organization's journey of service. Paying tribute and obeisance to him fills everyone with gratitude. May Gurudev have a long life; we bow to him a hundred times over. On this occasion, hundreds of well-wishers from different states of India sent their greetings via audio and video messages.

Present at the celebration were Gurumata Smt. Kamaladevi Ji, Director, Vandana Ji Agrawal, Maharshi Agrawal, Surendra Saluja, Jagdish Arya, Palak Agrawal, Devendra Chaubisa, along with hundreds of dedicated volunteers. The event was conducted by Mahim Jain.



In the Tribal



Reaching 5,000 Needy

When the spirit of service manifests amidst the harsh geographical terrains of tribal regions, it transcends mere assistance and becomes a celebration of hope and faith. Such an inspiring spectacle was witnessed on December 21 in Khamgaon, situated in the tribal-dominated Kotda block of Udaipur, Rajasthan. A massive free food and clothing distribution camp organized by the Sansthan served as a living testament to human compassion. In an area where life is defined by daily struggles,



Hinterlands:



in Khamgaon, Kotda

this initiative brought relief and a sense of belonging to the local community. Celebration of Humanity: Bringing the Light of Food, Clothing, and Inner Strength This service camp provided direct benefits to more than 5,000 needy, underprivileged, and tribal (Vanvasi) families. Amidst the shivering cold of the winter season, this event became a source of protection, support, and dignity for impoverished and helpless families.



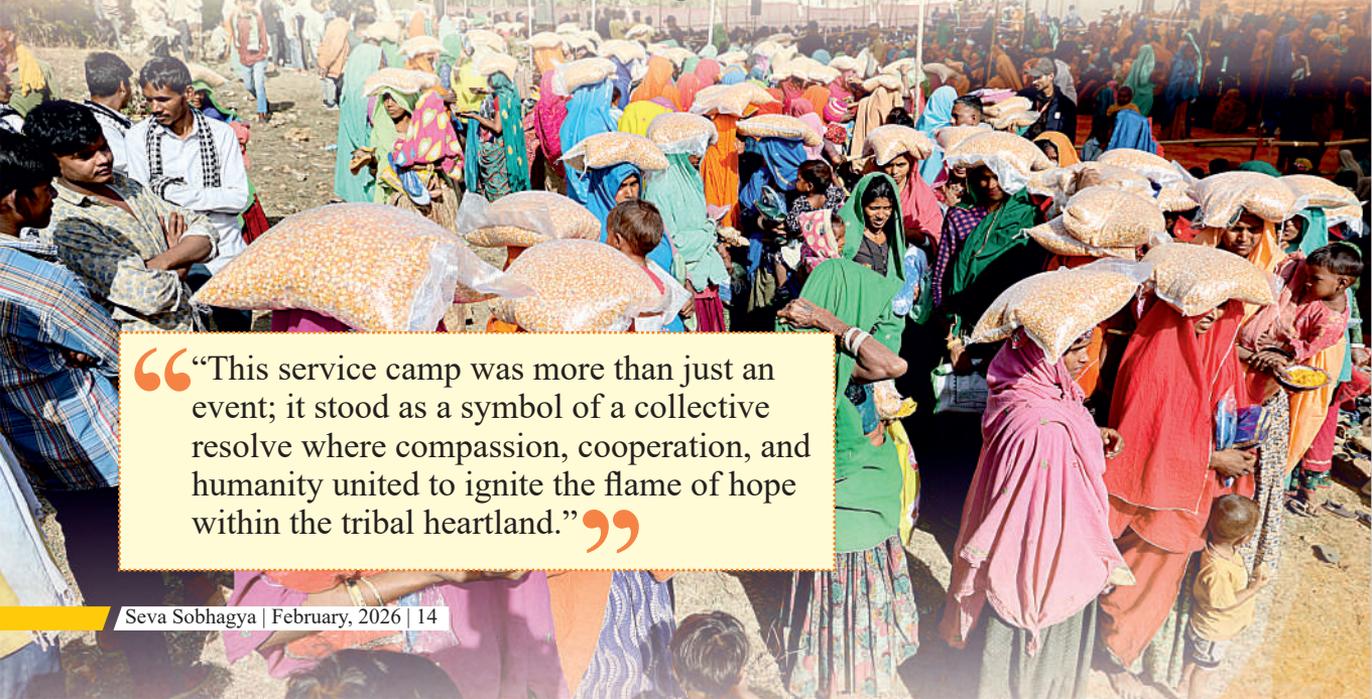
A Message of Belonging through Community Dining During the camp, a community feast (Samuhik Bhoj) was organised where more than 3,000 people were served hot, jaggery-infused Khichdi, utilising approximately 1,200 kilograms of grain. This meal was not merely about satisfying hunger; it stood as a powerful symbol of equality, kinship, and the spirit of selfless service.

Protection from the Cold: Distribution of Clothing and Essentials To provide relief from the freezing temperatures, 2,000 blankets were distributed to men and women. In addition, the following items were provided to needy families: 500 Dhotis and 500 Lugdis (traditional wraps), 1,500 children's dresses, 1,500 sweaters, socks, and other woollen garments, 500 pairs of shoes and 500 pairs of slippers for men, 100 sets of children's undergarments, 1,500 hygiene kits (containing soap, toothpaste, brushes, combs, etc.) and Beyond fulfilling physical needs, this distribution instilled a sense of human dignity and self-respect among the recipients. Dignitaries' Perspectives: Appreciating the Spirit of Service The Chief Guest of the camp, Shri Babulal Kharadi (Minister of Tribal Area Development, Government of Rajasthan), lauded the Sansthan's efforts. He stated that for years, the organisation has been selflessly working to reach the last person in the social queue. He described the education, health, and nutrition services operated by the Sansthan in tribal regions as "life-giving."

A Resolution for Service: A New Light of Hope and Self-Confidence

On this occasion, the President of the Sansthan, Sevak Prashant Bhaiya, remarked:

"This service camp is a testament to the fact that when society unites for a cause, it does not just bring relief to the needy, but also ignites a new light of hope, faith, and inner strength in their lives.



“This service camp was more than just an event; it stood as a symbol of a collective resolve where compassion, cooperation, and humanity united to ignite the flame of hope within the tribal heartland.”

Zini Zini Roshani – 81



This unusual request took people aback. They were puzzled—what difference could a single handful of flour make? The same question arose in everyone's mind. Many were ready to give five kilos, ten kilos, or even more flour. Sensing their curiosity, Kailash Ji tried to explain his intention. He said, “My mother would set aside one roti every day for the cow, and the very last roti for the dog. This happens in every household. Just as taking out a roti has become a habit, if taking out one handful of flour also becomes a habit, it will turn into a great service to the poor.”

As soon as Kailash Ji said this, Kamla Ji spoke up, “Why did you add the word poor before Narayan?” Before Kailash Ji could respond, she continued, “A greedy person remains dissatisfied no matter how much he gets—that is true poverty. But Narayan is never greedy.” Kailash Ji chose not to argue with his wife and accepted her point, saying, “Alright, not Daridra Narayan Seva, but simply Narayan Seva.” Many women present at the gathering agreed to set aside one handful of flour every day. In his enthusiasm, Kailash Ji said that he would visit their homes within an hour and asked them to keep a separate container ready. All the women returned to their homes. Meanwhile, Kailash Ji went to the market and bought a can of red paint and a brush. Carrying both, he reached the first house. The homemaker had already kept a separate container and placed a handful of flour in it. Taking the paint and brush, Kailash Ji began marking the container so that it would stand apart

from the other containers in the house. As he wondered what mark to make, he remembered Kamla Ji's words. He thought, why not write Narayan Seva on the container? He did exactly that and placed the container near the stove in the kitchen. Kailash Ji told Kamla Ji, “This container will now remain in front of you every day. Whenever you take flour to make rotis, you will remember to put one handful into this.”

Kamla Ji replied, “We will regularly put the flour in, but how will it reach the poor?” Addressing her concern, Kailash Ji explained that she needed to do nothing beyond putting in one handful of flour daily. “We will collect the flour from your home ourselves.” He explained the same thing to the women in the next three or four houses as well.

In those homes, empty containers were available. However, in the next house, there was no empty container. This problem could arise in other homes as well, so Kailash Ji thought it would be better to bring some empty containers and keep them ready. Gradually...



Ashram List

Janakpuri (Delhi)

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C1/212, Janakpuri, New Delhi-110058

Pune (Maharashtra)

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17/153 Main Road , Ganesh Super Market,
Gokhle Nagar, Pune -16

Haridwar (Uttarakhand)

Mo. 7849626181
H.no. 2049/A, near Holi Gangej School,
govindpuri, Ranipur Tum, Haridwar

Nagpur (Maharashtra)

Mo. 8306004806
Plot N -37, Gorie Le Out,
Gopal Nagar, Secand Bus Stop,
Nagpur-440022-Mh

Kota (Raj.)

Mo. 8306004805
3,273 Ganesh Talab, Dadwadai,
Kota (Raj.) 324009

Gurugram (Haryana)

Mo. 07023101162
House No.-1936 GA, Street No. -10,
Rajiv Nagar East, Mata Road, C.R.P.F.
Camp Check, Gurugram-122001

Meerut (U.P.)

Mo. 8306004811
38, Shri Ram Palace, Delhi Road,
Near Sabzi Mandi, Madhav Puram,
Meerut (U.P.) 250002

Bengaluru (Karnataka)

Mo. 9341200200
Narayan Seva Sansthan 40 (12) 1st Floor,
Model House Colony, Opposite Samna Park,
NR Colony, Basavanagudi,
Bengaluru-560004 (Karnataka)

Rohini (Delhi)

Mo. 08588835719
Mo. 08588835718
Narayan Seva Sansthan, B-4/232,
Near Shiv Shakti Temple, Sector-8,
Rohini, Delhi- 110085

Ludhiana (Punjab)

Mo. 07023101153
50/30-A, Ram Gully, NairiMai Bagh,
Bharat Nagar Ludhiana (Punjab)

Jaipur (Rajasthan)

Mo. 8696002432
B-16 Govinddev Colony,
Behind Chogan Stadium,
Gangauri Bazar, Jaipur (Raj.)

Jodhpur (Raj.)

Mo. 08588835716
Medati Gate Ke Andar,Kuchaman
Haveli Ke Pass,Jodhpur-342001

Chandigarh (Haryana)

Mo. 070734 52176
H.No.3658, Sector-46/C,
Chandigarh

Hisar (Haryana)

Mo. 7023003320,
House No.2249, Sector-14,
Hisar (Hari.)125055

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Mahatma Gandhi Ward,
Jabalpur (M.P.) 482002

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Mo. 9529920089
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K Trivedi Nursing Home
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Gwalior (M.P.) 474001

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551/Ch/157 Near Cola Godown,
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Jai prakash Nagar ,
Alam Bagh, Lucknow (U.P.)

Kolkata (West Bengal)

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H.N.- P 226, A Block, Ground Floor,
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Baroda (Gujarat)

Mo. 9529920081
Mo. 9529920092
HN- B,138, ST Society,
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Baroda 390021

Bikaner (Raj.)

Mo. 8306004819
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Near Chopra Katla, Bhardwaj Dairy
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Faridabad (Haryana)

Mo. 8306004802
House no. 13 , Sector-4R,
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Mind . 78/B, Mohat Singh Ganj,
Prayagraj-211003 (U.P.)

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KHAJURANA ROAD, INDORE-452018
(M.P.) jaon West Mumbai

Mathura (U.P.)

Mo. 7023101163
Narayan Seva Sansthan, 68-D,
Radhika Dham Ke Pass,
Krishna Nagar, Mathura-281004 UP

Aligarh (U.P.)

Mo. 7023101169
MIG 48, Vikas Nagar Agra Road,
Aligarh UP

Dehradun(Uttarakhand)

Mo. 7023101175
Sai Lok Colony, Village Cabari Grant,
Shimla Bay Pass Road,
Dehradun-248007 UK

Rajkot (Gujarat)

Mo. 09529920083
Opp. Bhagat Singh Gardan Akashwani Chowk
Shiv Shakti Colony, Block No.- 15/2
university Road , Rajkot (Guj.)

Hathras (U.P.)

Mo. 9453045748
Mo. 7023101169
Under LIC Building,
Aligarh Road, Hathras UP

Ahmedabad (Gujarat)

Mo. 9529920080
Mo. 8306004821
124/1477, Laksmikripa Apartment,
Near Jaymangal BRTS bust stop, Sola road,
Naranpura, Ahmedabad (Guj.)
08, 3/28, Gujrat Housing Society,
Khodiyar Mandir Char Rasta,
Near Bapu Nagar, Police Station,
Ahmedabad (Guj.)

Kaithal (Haryana)

Mo. 9812003662
Ground Floor, Garg Psychiatry & Dental
Hospital, Near Padma City Mall, Karnal
Road, Kaithal, Haryana

JOIN HANDS WITH NARAYAN SEVA SANSTHAN AND CONTRIBUTE FOR THE BETTERMENT OF THE DIFFERETLY ABLED & DEPRIVED

Celebrate the birthdays, anniversaries and other special occasions by making a generous contribution for the needy

Donate for corrective surgeries of differently abled

Number of Surgeries	Donation Amount	Number of Surgeries	Donation Amount
501 Surgeries	17,00,000 INR	40 Surgeries	1,51,000 INR
401 Surgeries	14,01,000 INR	13 Surgeries	52,500 INR
301 Surgeries	10,51,000 INR	5 Surgeries	21,000 INR
201 Surgeries	7,11,000 INR	3 Surgeries	13,000 INR
101 Surgeries	3,61,000 INR	1 Surgery	5,000 INR

Feed the needy

Lifetime Food Donation

(Once a year feed 50 differently abled/orphan/underprivileged children)

Breakfast, Lunch & Dinner Contribution	37,000 INR
Lunch & Dinner Contribution	30,000 INR
Contribution for one meal (Lunch/Dinner)	15,000 INR
Breakfast Contribution	7,000 INR

Contribute for Artificial Limbs

(Gift artificial limb and/or aids & appliances to differently abled)

Particulars	Contribution Amount (1 Unit)	Contribution Amount (3 Units)	Contribution Amount (5 Units)	Contribution Amount (11 Units)
Tricycle	5,000 INR	15,000 INR	25,000 INR	55,000 INR
Wheel Chair	4,000 INR	12,000 INR	20,000 INR	44,000 INR
Caliper	2,000 INR	6,000 INR	10,000 INR	22,000 INR
Crutches	500 INR	1,500 INR	2,500 INR	5,500 INR
Artificial Limb	10,000 INR	30,000 INR	50,000 INR	1,10,000 INR

Make a differently-abled/ underprivileged person self-dependent

Mobile Repair/Computer Operation/Sewing/Mehendi Training

1 Student Contribution- 7,500 INR	3 Student Contribution- 22,500 INR
5 Student Contribution- 37,500 INR	10 Student Contribution- 75,000 INR
20 Student Contribution- 1,50,000 INR	30 Student Contribution- 2,25,000 INR

Mass Wedding contribution for differently-abled/ underprivileged couples

We host Divyang Vivah twice a year, 2408 couples have been benefited from this service so far
You can contribute for this holy matrimony in the following ways:

Contribute for the mass wedding ceremony of differently abled & underprivileged

Kanya Dan	1,00,000	Food	11,000
Panigrahan Sanskar	21,000	Mehendi and Haldi	5,100
Mayra	51,000		

TRANSFER YOUR KIND CONTRIBUTION IN OUR BANK ACCOUNT

You can transfer your kind contribution in the name of 'Narayan Seva Sansthan Udaipur' directly. You can inform us about your contribution by sending us a copy of your PAY IN SLIP so that we can provide you with the receipt.

Pan No. AAATN4183F | TAN No. JHDN01027F

STATE BANK OF INDIA	-H.M.Sector-4	SBIN0011406	31505501196
ICICI Bank	-Madhuban	ICIC0000045	004501000829
PUNJAB NATIONAL BANK	-KalajiGoraji	PUNB0297300	2973000100029801
UNION BANK OF INDIA	-UdaipurMain	UBIN0531014	310102050000148

The donations made to Narayan Seva Sansthan are eligible for 50% tax exemption under Section 80 G of Income Tax Act 1961



UPI narayanseva@sbi

You can use this QR code to transfer your kind donations via



You can also use narayanseva@sbi as UPI address for making a donation from any of your UPI apps.

You can contact here for more details:

Phone: +91-294-6622222

WhatsApp: +91-7023509999

Address:

Narayan Seva Sansthan- 'Sevadham', Seva Nagar, Hir Magri, Sector-4, Udaipur-313002 (Rajasthan), India



Successful Surgeries

425350 till date



Modular Artificial Limb

31427 Brothers & Sisters benefitted



Mass Wedding for Physical Handicapped & Poor couple

2306 Couples till date

Restore Life's Rhythm with Natural Therapy

Recurring colds, fatigue, restlessness, and lack of sleep are no longer just seasonal issues—they are signs of a stagnant immune system. Constant dependence on medication, screen overload, and irregular lifestyles have weakened our natural healing capacity. As a result, people—from big cities to small towns—are once again turning toward naturopathy (natural therapy).

The Narayan–Mahaveer Naturopathy Hospital, run by your own Narayan Seva Sansthan, is actively working to restore the natural rhythm of life. Many individuals suffering from even the most complex ailments have found relief here and returned home to live peaceful, balanced lives.

In truth, the greatest disease of our times is disconnection—from nature, from the body, and from the mind. Naturopathy is the therapy that reconnects this broken relationship. Instead of medicines, it activates the healing power of lifestyle discipline, diet, sunlight, water, earth, and breath.

Those suffering from chronic or complex illnesses are encouraged to visit at least once. Please contact us before arrival. Here, you will not only find relief from illness but also the ability to live a contented life—because this is not merely treatment, but lifestyle engineering, where nature itself becomes the physician. For every individual, diet and therapy are customised by assessing thermal balance, digestive patterns, and stress levels, ensuring holistic and lasting well-being.



Health Transformed Through Naturopathy

Dr. Shweta – Hanumangarh

33-year-old Dr. Shweta, a resident of Hanumangarh, had been struggling for a long time with back pain and increasing weight. After undergoing a 10-day treatment at a naturopathy centre, she experienced a significant improvement in her health. During the treatment, she was given yoga therapy, abdominal packs, hydrotherapy, and a special diet plan. With proper nutrition and regular therapies, she lost 5 kg of weight and got nearly 60% relief from back pain. Today, Dr. Shweta feels much healthier, more energetic, and fit than before. She believes that naturopathy is an excellent way to improve health naturally.



नारायण महावीर
प्राकृतिक चिकित्सालय



Call For Details

91-7023509999



SERVICE THAT EMPOWERS

Donate via UPI

10,000/-



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Seva Soubhagya Print Date 1 February, 2026 Registered Newspaper No. RAJBIL/2010/52404 Postal Reg. No. RJ/UD/29-146/2023-2025. Despatch Date 1st to 7th of every month, Chetak Circle Post Office, Udaipur, Published by Sole-Owner, Publisher and Chief Editor Prashant Agarwal from Sevadham, Hiran Magri, Sector-4, Udaipur -313002 (Raj) Printed at Newtrack Offset Private Limited, Udaipur. Total pages-20 (No. of copies printed 1,50,000) cost-Rs.5/-

