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शान्ताकारं भुज्जशयनं पद्मनाभं सुरेशं, विश्वाधारं गजाननद्वयं मेघवर्णं शुभाङ्गम् ।
लक्ष्मीकान्तं कमलनवनं योगिभिर्ध्यानगम्य, वन्दे विष्णुं शिवशयहरं सर्वलोकेकनाथम् ॥

SEVA SAUBHAGYA

Pujya Shri Kailash 'Manav'

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Service and Positivity Are the True Bliss



The joy a person feels upon achieving success in their work instantly removes all fatigue. This joy itself is supreme bliss. To attain it, one needs positive thinking and selfless service.

Every task has a method, and success lies in that method. Therefore, discipline and thoughtfulness are essential. The mind must be focused in the direction that leads to success. This is self-discipline and self-control. Both arise from the mind, for success and failure, victory and defeat—all originate there. Discipline is the primary source of energy and strength for a person. From it comes positivity, which ensures the success of our endeavours.

Sometimes, failures occur due to a lack of effort, mental distraction, or insufficient resources. But this does not mean that all doors to success are closed. In fact, the path to victory often passes through failure or defeat. Such defeat is physical, not spiritual. The mind must never be defeated. That is why self-control is emphasised. As Saint Kabir said: “He who loses in the mind is truly defeated; he who wins in the mind is truly victorious.”

When the mind accepts defeat, all struggles end, and we sit idle, closing off our own path forward. The day we understand that our positivity is our divinity, we shall become complete, and the doors to success will open

wide. The greatest cause of our current dilemma is our excessive focus on material development. In pursuing it, we have forgotten to nurture our basic human values—love, compassion, kindness, cooperation, goodwill, and empathy. As a result, life has become empty; joy and bliss have drifted far away.

Success depends on positive thinking. The true meaning and purpose of life also lie in it. Here's a short story that illustrates this: There once stood a dry tree—just a stump. People were preparing to cut it down. The stump accused them of ingratitude, saying, “These are the same people who once enjoyed my shade and fruits. Now that I am dry, even my existence bothers them.”

Nearby stood another tree, smiling. It said, “My friend, change your way of thinking. Say instead, 'When I was green, I served people by giving shade and fruit. Now that I am dry, I will still serve them as firewood.' Isn't it a blessing to continue serving till the end?”

Friends, the very foundation of success in life lies in service and positive thinking.

-Sevak Prashant Bhaiya



Truth and Virtue Are Always Revered

Those who live their lives guided by righteous deeds, moral conduct, and wisdom naturally attain peace and happiness. When the lamp of wisdom is extinguished, good conduct disappears from view. Truth is the supreme virtue - it commands respect in every sphere of life.

Virtue is the priceless treasure of human existence. A life based on noble qualities brings greatness to humanity. Wealth comes and goes - many a poor man has become rich, and many a rich man has turned poor. Call it fate or the fruit of one's actions. Yet, even when deprived of wealth, a person who upholds virtue remains respected in society.

Good conduct means righteous action the foundation of lasting honour. Therefore, it is our duty to serve the poor, the suffering, and the needy. Service is not only through wealth but also through body and mind. To serve the afflicted is to worship God Himself. The Narada Purana states that righteous conduct reveals dharma, and Lord Vishnu is the Lord of Dharma. Thus, those who live righteously are always engaged in the worship of God.

The Mahabharata, authored by Ved Vyasa, also conveys the same truth—that where there is truth and virtue, there is dharma, and dharma always triumphs. An inspiring example of virtue and patriotism is seen in the story of Ibrahim Gardi, the commander of the Maratha

artillery. One day, during a war, a soldier entered his camp, saluted, and said, “Sir, I am a messenger from Emperor Ahmad Shah Abdali. He sends a proposal—if you support him in battle, not only will you serve your faith, but you will also be rewarded with a high position and immense wealth. For now, please accept this gift from him.” Saying this, the messenger placed a bag full of gold coins at Gardi's feet.

Hearing this, Gardi's face flamed with anger. He said, “If you were not a messenger, I would have severed your head this instant! You are not only a traitor to this nation but also to your own faith. You ask me to side with a foreign invader responsible for the massacre of thousands of innocent people?”

Drawing his sword, Gardi thundered, “Pick up these gold coins and leave before this sword strikes you like lightning!” Brothers! Virtue is the supreme quality—it earns respect in every field, while the dishonest inevitably invite their own destruction. Ibrahim Gardi is remembered in history for his patriotism and self-respect, while the invader Ahmad Shah Abdali and his messenger remain symbols of disgrace.

A nation's freedom and progress rest upon such patriots - those who are ever ready to dedicate everything for their country. Their virtue and sacrifice make them immortal.

—Pujya Shri Kailash 'Manav'



Overcoming Disability: Neha's New Flight

Neha Godghase, a 15-year-old girl from Deulgaon Banda village in Risod Tehsil, Washim district, Maharashtra, is the daughter of Anil Godghase. Since childhood, she had been suffering from Cerebral Palsy, which caused a severe deformity in her right leg, making it almost impossible for her to walk.

Her family sought treatment at several places, but nothing brought relief. A ray of hope appeared when they learned about the free corrective surgery program for polio and orthopaedic disabilities offered by Narayan Seva Sansthan, Udaipur.

Neha was brought to the institute, where doctors, after examining her critical condition, began multi-stage treatment that included Ilizarov Frame Surgery. From 3 January to 20 January 2025, the process of dressing and stitch removal was carried out. On 17 February, a left femur frame was attached, and the lengthening procedure was done to correct her knee alignment. Between March and May, continuous adjustments and dressings were performed. On 22 April, the femur ring was removed, allowing her to start knee movement. Later, on 25 August, the Ilizarov frame was removed and an AK POP slab was applied, followed by a fiber cast on 28 August.

Finally, on 3 October 2025, the cast was removed—and after a long and painful journey, Neha stood on her own feet for the first time in years. From 1 to 8 October, she was admitted to the institute, where doctors and the physiotherapy team took special care of her.

After the treatment, a caliper was fitted on her right leg, enabling her to walk confidently. Where once her face reflected pain and helplessness, today her smile and upright stride narrate the story of her new life. Narayan Seva Sansthan not only gave strength to Neha's body but also ignited in her heart a new light of confidence and hope. Her journey has become an inspiring example of courage, patience, and new beginnings.



Deformity Removed, Smile Restored



Six-year-old Shambhulal from Devla village in Kotda Tehsil, Udaipur district, was born healthy. However, when he turned three, his feet began to twist inward. Gradually, the deformity worsened to the point where standing or walking became nearly impossible.

His parents were heartbroken to see their son unable to run and play like other children.

His father, Manaram, worked as a labourer in Vapi, Gujarat, barely managing to support their family of seven. Yet, his son's disability weighed heavily on his heart.

During this difficult time, a doctor in Salumber advised the family to visit Narayan Seva Sansthan, Udaipur. In April 2025, they arrived at the institute, where doctors conducted a detailed examination and began free treatment.

The journey was not easy. Between May & July 2025, Shambhulal underwent multiple surgeries. From 1 May to 10 May, his right leg was operated on, and a PMR drain was removed. Later, between 11 June and 25 June, three successive surgeries were performed on his left leg. From 26 July to 30 July, both legs were plastered.

Gradually, signs of improvement began to show. In August 2025, when the plaster was removed and calipers were

fitted, Shambhulal stood up for the very first time. Seeing his smile at that moment brought tears of joy to his parents' eyes. Now, he not only stands but also plays, runs, and is preparing to go to school. His proud parents say, "Thanks to the selfless service of Narayan Seva Sansthan and the generosity of its donors, our son's life is back on track. Now he, too, can give wings to his dreams."



A Symbol of Inspiration

Ajay Parmar, a resident of Kuleri village in Kherwada Tehsil, Udaipur district, had been working for the past few years at an oil mill in Palanpur, Gujarat. Life with his wife Geeta and seven-year-old son Aryan was happy and content—until a tragic accident in 2022 shattered everything.

One day, while checking the quality of oil in the animal-feed section of the running machine, Ajay slipped on the floor. In an instant, the machine caught his left leg, crushing it beyond repair. To save his life, doctors had to amputate the leg from the hip. He remained hospitalised for nearly three months.

Although the oil mill reimbursed the treatment expenses, Ajay lost his job and received no further financial support. For the past three years, he has been unemployed, moving only with the help of crutches. The family, including his parents, depends solely on their two-and-a-half bighas of ancestral farmland, surviving on whatever yield it provides. When there's no work on their own

land, Ajay is compelled to seek daily-wage labour elsewhere. In August, upon learning that Narayan Seva Sansthan, Udaipur, provides free artificial limbs, Ajay visited the institute. Under the guidance of Dr. Manas Ranjan Sahu, Orthotist-Prosthetist Specialist, a custom artificial leg was crafted for him. The fitting extended up to the hip in such a way that body movement remained unaffected, enabling him to walk with ease.

Dr. Sahu kept Ajay at the institute for a few days to train him in maintaining and using the artificial limb—how to walk, sit, and stand properly.

Ajay says, “Now I can clearly see the path ahead and feel hopeful about supporting my family again. I am deeply grateful to the generous donors and doctors of Narayan Seva Sansthan for helping me regain movement and a new purpose in life.”





A Unique Blend of Faith and Compassion

On Navratri Durga Ashtami, observed on 30 September, Narayan Seva Sansthan celebrated the occasion with deep devotion and sensitivity. At the Seva Mahatirth premises in Liyo ka Guda, all nine forms of Goddess Durga, including Karunamayi Maa Mahagauri, were worshipped with full rituals and devotion.

The event's chief guest was Smt. Latika Paliwal, SDM of Badgaon Subdivision, accompanied by her mother, Smt. Vijayalakshmi. Param Puja Kailash 'Manav', founder of the organisation, Smt. Vandana Agarwal, Director, and other devotees joined them in performing the Kanya Puja of 101 Divyang (differently-abled) girls, praying to the Goddess for their bright and happy future.

In her address, the chief guest said that Navratri is a sacred time for self-reflection, service to others, and harmony with nature. She praised the organisation's remarkable work in the fields of medical treatment, education, training, and rehabilitation of persons with disabilities.

The worshipped girls were offered Halwa, Puri, Kheer, and Black Chickpeas (Kala Chana) as naivedya (sacred offering) along with gifts. At the beginning of the ceremony, Shri Kailash Manav Ji and Smt. Vandana Agarwal welcomed the guests with shawls, scarves, and mementoes. All the honoured girls had recently undergone free corrective surgeries for disabilities at the organisation during Navratri. The event was also graced by Rakesh Sharma, Vishnu Sharma Hiteshi, Anil Acharya, Kuldeep Singh Shekhawat, Bhagwan Prasad Gaur, Dr. Manas Ranjan Sahu, Dr. Vishal, Vishnu Rawat, Dilip Chauhan, and Archana Golwalkar. The program was anchored by Mahima Jain.



Broken Dreams Restored, Confidence Regained



When an accident or mishap suddenly halts someone's life, countless questions about the future arise, and they are surrounded by uncertainty. At such times, what they need most is support — something that can restore their lost confidence and give them the courage to move forward again.

With this very mission, your own Narayan Seva Sansthan has been actively providing free medical & rehabilitation services to the differently-abled for the past 40 years. Recently, free Narayan Limb Fitment Camps were organised in Indore and Meerut, where 463 differently-abled brothers and sisters received artificial limbs and regained hope in

life after losing their natural limbs in accidents.

Indore At the Guru Amardas Banquet Hall on 7 September, 240 differently-abled individuals benefited from the Artificial Limb Distribution Camp. It was not merely a service camp but a festival of joy, where countless broken dreams and still lives found movement and meaning again. The chief guest was Mr. Kailash Vijayvargiya, Parliamentary Affairs Minister of Madhya Pradesh, and the event was presided over by Mr. Tulsi Silawat, Minister of Water Resources. The special guests were Acharya Rajesh Muni Ji Maharaj, social workers Mr. Parsamal Kataria and Mr. Anil Bhandari. Director Mrs. Vandana Agarwal welcomed the guests and highlighted the 40-year journey of service by the organisation, emphasising that the goal is not only to provide artificial limbs or treatment but also to empower the differently - abled to live with self - reliance and dignity. Director Ms. Palak Agarwal presented the camp report, explaining that in May, measurements of the amputated limbs had been taken, and now, using German technology, custom-fitted artificial limbs



have become the key to restoring mobility and life. The program was conducted by Mr. Jitendra Sharma.

Meerut In collaboration with Rotary Club Shivam, a camp was held in Meerut on 21 September, where 223 differently-abled individuals received artificial limbs. A measurement camp had earlier been conducted on 22 June. The chief guest was Mr. Yogesh Mohan Gupta, Chancellor of IIMT University, who said, “This is not only about helping the differently-abled but also about giving strength to their entire families to stand tall again.” Special guests included former MP Rajendra Agarwal, social worker Virendra Kumar Sharma, Jai Bhagwan, Neeraj Mittal, Sanjeev Rastogi, Hari Gupta, along with Rotary Club Shivam members Ajay Agarwal, Karan Sethi, and Chirag Gupta. Public Relations Officer Bhagwan Prasad Gaur and Rotary Club Shivam's Project Chairman, Prateek Jain, welcomed the guests. Other dignitaries present were Club President Tanu Agarwal, Secretary Rashmi Agarwal, Past President Mr. Saurabh Arora, Abhinav Agarwal, Amit Agarwal, and Varsha Jain, who also shared their thoughts. The camp was supervised by Mr. Hariprasad Laddha, compered by Ms. Aishwarya Trivedi, and the vote of thanks was delivered by local Ashram In-Charge Mr. Dharmesh Garg.



A Life Worth Living Serves Others

Under the guidance of Narayan Seva Sansthan President Sevak Prashant Bhaiya, a five-day dialogue program titled “Apno Se Apni Baat” concluded on 6 September at the Seva Mahatirth Campus. The event was attended by differently-abled individuals and their family members who had come from across the country for free medical services.

During the sessions, many participants shared their personal stories of struggle and how the support received from Narayan Seva Sansthan helped them make life easier and more meaningful. They expressed that, with the institute's help, they not only became physically capable again but were also motivated to lead self-reliant lives. Today, they are filled with new hope and happiness.

In his address, Prashant Bhaiya told the participants that every person is free to choose their actions and should determine what kind of work they wish to do. The purpose of life, he emphasised, should not be limited to oneself but extend to serving society. He further added that the organisation is constantly working to benefit people with disabilities through advanced technologies, ensuring that no effort is spared in empowering them. Providing necessary equipment, training, and support to make themselves self-reliant remains the top priority of Narayan Seva Sansthan.



NARAYAN SEVA SANSTHAN
Nar Seva Narayan Seva

अपनों से अपनी बात



Helping Hands Reach the Flood Victims

In the month of August, when devastating floods struck several parts of Punjab, a dedicated team from Narayan Seva Sansthan promptly reached the affected families to provide relief and support. Acting under the guidance of Founder Pujya Gurudev ji and President Sevak Prashant Bhaiya, the relief operations were led by Dr. Vivek Garg, who, along with his team, worked tirelessly in challenging conditions.

The relief truck, filled with essential supplies, was flagged off from the Kaithal (Haryana) Service Center by Smt. Daya Gupta. The truck carried food packets, grains, clothes, medicines, and other relief materials. The team distributed 1,000 packets of bread, 1,200 bottles of Bisleri water, 2 quintals of chickpeas, 1,000 packets of powdered milk, 1,050 snack packets, and 2,000 sweet and salted biscuit packs in the flood-affected villages of Ajnala, Malikpur, Koter Jada, Sufiyan, and Aliwal Kotli, located near the Pakistan border. Additionally, tarpaulins, seasonal medicines, antiseptic creams, and sanitary pads were distributed to hundreds of people in need. The team not only provided immediate relief but also visited flood-stricken

villages to assess the situation firsthand and contribute toward long-term rehabilitation efforts. Their selfless service received immense support and appreciation from the local residents and the administration, reaffirming the Sansthan's commitment to serving humanity in times of crisis.



Teachers' Felicitation at NCA



At Narayan Children's Academy, Teacher's Day was celebrated with great enthusiasm and joy on September 5, marking the birth anniversary of the eminent educationist and former President Dr. Sarvepalli Radhakrishnan.

Director Smt. Vandana Ji Agrawal honoured Principal Dr Archana Golwalkar and all the teachers by presenting them with certificates of appreciation and shawls.

On this special day, the students took charge of managing and running the school, showcasing their gratitude toward their mentors.

President Sevak Prashant Bhaiya shared that Teacher's Day is a sacred occasion to express gratitude and reverence toward our teachers, who play a crucial role in shaping lives. He emphasised that a true teacher gives direction and purpose to a student's life.

The Principal expressed her heartfelt thanks, while students conveyed their respect and appreciation through songs, dances, and poetry performances dedicated to their beloved teachers.



Delicate Light – 78

Despite there being many wealthy people in the village, there was no proper medical facility available. The condition of the local hospital was extremely poor. Due to a lack of money and proper treatment, the poor villagers often died helplessly. On the very day when the auction (for temple offerings) took place, two poor villagers lost their lives because they could not afford treatment outside the village, and there was no medical help available locally.

When Kailash Ji heard about these deaths, he was deeply pained. A thought arose in his mind — “People are competing to spend lakhs on temple rituals, but if even a small part of that money were used to build a good hospital, the entire village could be relieved of its suffering.”

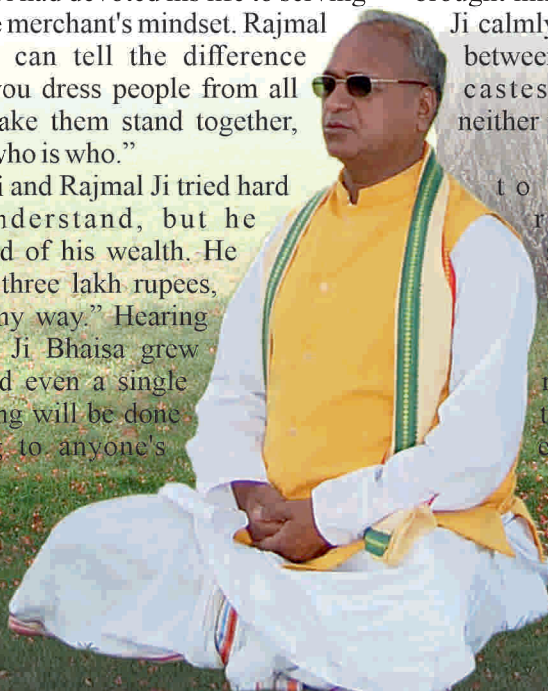
He discussed the matter with a few wealthy merchants, mentioning the recent deaths, but no one was willing to contribute toward a hospital. It was a strange irony — people were eager to spend fortunes “for God,” yet had no concern for God's own creation — human beings. Saddened by this hypocrisy, Kailash Ji returned silently, his heart heavy with pain.

Once, he attended an eye camp in Beesalpur. People had gathered there from far and wide. Food and arrangements were sponsored by a wealthy merchant. People were seated in rows (pangat) and served food. To Kailash Ji's shock, the seating was arranged according to caste.

This discrimination disturbed him deeply. He discussed it with Rajmal Ji Bhaisa, who also disapproved of the practice. Together, they went to the merchant and asked, “Why are people seated in separate rows? Why not have everyone dine together? It would make serving easier, too.”

The merchant's reply filled them with shame and sorrow. He arrogantly said, “Are donkeys and horses the same?” Hearing such words about the very people whom Rajmal Ji had devoted his life to serving brought him great pain, but also pity for the merchant's mindset. Rajmal Ji calmly replied, “Even a small child can tell the difference between a donkey and a horse. But if you dress people from all castes in the same clothes and make them stand together, else could tell who is who.”

Both Kailash Ji and Rajmal Ji tried hard to make the merchant understand, but he remained stubborn, proud of his wealth. He said boastfully, “I'm donating three lakh rupees, so everything will be done my way.” Hearing this, even the gentle Rajmal Ji Bhaisa grew firm and said, “We don't need even a single rupee from you. Here, everything will be done the right way — not according to anyone's ego.”



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Agra (U.P.)

Mo. 7023101174
H.No. 8/153 E-3 New Lawyers Colony,
Behind Water Tank Agra-282003- U.P.

Ambala (Haryana)

Mo. 07023101160
Shree Savita Sharma, 669,
Housing Board, Colony,
Near urban State, Sector-7,
Ambala (HR.)

Shahdara (Delhi)

B-85, Jyoti Colony,
Durgapuri Chowk,
Shahdara Delhi-32

Indore (M.P.)

Mo. 9529920087
G-02,19-20 SUCHITA APPARTMENT,
SHANKAR NAGAR,
NEAR CHANDRLOK CHORAH,
KHAJURA ROAD, INDORE-452018
(M.P.) jaon West Mumbai

Mathura (U.P.)

Mo. 7023101163
Narayan Seva Sansthan, 68-D,
Radhika Dham Ke Pass,
Krishna Nagar, Mathura-281004 UP

Aligarh (U.P.)

Mo. 7023101169
MIG 48, Vikas Nagar Agra Road,
Aligarh UP

Dehradun (Uttarakhand)

Mo. 7023101175
Sai Lok Colony, Village Cabari Grant,
Shimla Bay Pass Road,
Dehradun-248007 UK

Rajkot (Gujarat)

Mo. 09529920083
Opp. Bhagat Singh Gardan Akashwani Chowk
Shiv Shakti Colony, Block No.- 15/2
university Road, Rajkot (Guj.)

Hathras (U.P.)

Mo. 9453045748
Mo. 7023101169
Under LIC Building,
Aligarh Road, Hathras UP

Ahmedabad (Gujarat)

Mo. 9529920080
Mo. 8306004821
124/1477, Lakshmikripa Apartment,
Near Jaymangal BRTS bust stop, Sola road,
Naranpura, Ahmedabad (Guj.)
GB, 3/28, Gujrat Housing Society,
Khodiyar Mandir Char Rasta,
Near Bapu Nagar, Police Station,
Ahmedabad (Guj.)

Kaithal (Haryana)

Mo. 9812003662
Ground Floor, Gang Psychiatry & Dental
Hospital, Near Padma City Mall, Karnal
Road, Kaithal, Haryana

JOIN HANDS WITH NARAYAN SEVA SANSTHAN AND CONTRIBUTE FOR THE BETTERMENT OF THE DIFFERETLY ABLED & DEPRIVED

Celebrate the birthdays, anniversaries and other special occasions by making a generous contribution for the needy

Donate for corrective surgeries of differently abled

Number of Surgeries	Donation Amount	Number of Surgeries	Donation Amount
501 Surgeries	17,00,000 INR	40 Surgeries	1,51,000 INR
401 Surgeries	14,01,000 INR	13 Surgeries	52,500 INR
301 Surgeries	10,51,000 INR	5 Surgeries	21,000 INR
201 Surgeries	7,11,000 INR	3 Surgeries	13,000 INR
101 Surgeries	3,61,000 INR	1 Surgery	5,000 INR

Feed the needy

Lifetime Food Donation

(Once a year feed 50 differently abled/orphan/underprivileged children)

Breakfast, Lunch & Dinner Contribution	37,000 INR
Lunch & Dinner Contribution	30,000 INR
Contribution for one meal (Lunch/Dinner)	15,000 INR
Breakfast Contribution	7,000 INR

Contribute for Artificial Limbs

(Gift artificial limb and/or aids & appliances to differently abled)

Particulars	Contribution Amount (1 Unit)	Contribution Amount (3 Units)	Contribution Amount (5 Units)	Contribution Amount (11 Units)
Tricycle	5,000 INR	15,000 INR	25,000 INR	55,000 INR
Wheel Chair	4,000 INR	12,000 INR	20,000 INR	44,000 INR
Caliper	2,000 INR	6,000 INR	10,000 INR	22,000 INR
Crutches	500 INR	1,500 INR	2,500 INR	5,500 INR
Artificial Limb	10,000 INR	30,000 INR	50,000 INR	1,10,000 INR

Make a differently-abled/ underprivileged person self-dependent

Mobile Repair/Computer Operation/Sewing/Mehendi Training

1 Student Contribution- 7,500 INR	3 Student Contribution- 22,500 INR
5 Student Contribution- 37,500 INR	10 Student Contribution- 75,000 INR
20 Student Contribution- 1,50,000 INR	30 Student Contribution- 2,25,000 INR

Mass Wedding contribution for differently-abled/ underprivileged couples

We host Divyang Vivah twice a year, 2408 couples have been benefited from this service so far

You can contribute for this holy matrimony in the following ways:

Contribute for the mass wedding ceremony of differently abled & underprivileged

Kanya Dan	1,00,000	Food	11,000
Panigrahan Sanskar	21,000	Mehendi and Haldi	5,100
Mayra	51,000		

TRANSFER YOUR KIND CONTRIBUTION IN OUR BANK ACCOUNT

You can transfer your kind contribution in the name of 'Narayan Seva Sansthan Udaipur' directly. You can inform us about your contribution by sending us a copy of your PAY IN SLIP so that we can provide you with the receipt.

Pan No. AAATN4183F | TAN No. JHDN01027F

STATE BANK OF INDIA	-H.M.Sector-4	SBIN0011406	31505501196
ICICI Bank	-Madhuban	ICIC0000045	004501000829
PUNJAB NATIONAL BANK	-KalajiGoraji	PUNB0297300	2973000100029801
UNION BANK OF INDIA	-UdaipurMain	UBIN0531014	310102050000148

The donations made to Narayan Seva Sansthan are eligible for 50% tax exemption under Section 80 G of Income Tax Act 1961



UPI narayanseva@sbi

You can use this QR code to transfer your kind donations via



You can also use narayanseva@sbi as UPI address for making a donation from any of your UPI apps.

You can contact here for more details:

Phone: +91-294-6622222

WhatsApp: +91-7023509999

Address:

Narayan Seva Sansthan- 'Sevadham', Seva Nagar, Hir Magri, Sector-4, Udaipur-313002 (Rajasthan), India



Successful Surgeries

425350 till date



Modular Artificial Limb

31427 Brothers & Sisters benefitted



Mass Wedding for Physical Handicapped & Poor couple

2306 Couples till date



NARAYAN

MAHAVEER

NATUROPATHY

HOSPITAL

Relief from Chronic Illnesses

Shri Pyarelal Singh (Age 62), a resident of Palampur village, Khroth Tehsil, Haryana, had been suffering for several years from osteoarthritis (pain in the knee joints). The pain had made walking difficult. He was also troubled by constipation and weakness. For a long time, he took various medicines as advised by doctors. Though he got temporary relief, the pain would always return.

Finally, on 10 August 2025, he came to Udaipur and began treatment at the Narayan Mahaveer Naturopathy Hospital. Based on the principles of traditional Indian medical science, this center provided him with 10 days of naturopathy treatment, after which his knee pain reduced by 80% and constipation completely disappeared. He now feels hungry on time, his digestion has improved, and his strength and mobility have increased noticeably.

“My weight kept increasing day by day. I was suffering from asthma, migraine, and allergic rhinitis. I had undergone long treatments in several hospitals, but for the past few years, I had neither peace during the day nor sleep at night. I had to sit up all night. During winter, asthma troubled me so much that I often felt as if my breath would stop. The pain in my lungs made even coughing unbearable.”

These are the words of Mrs. Rajlakshmi Soni (Age 63) from Mahadev Nagar, Jodhpur. In August, on the advice of a close acquaintance, she came to the organisation's Naturopathy Hospital and took 10 days of treatment. The results were clearly positive — she lost 3 kilograms, got complete relief from migraine, and can now breathe comfortably without using an inhaler. She also sleeps peacefully through the night. Doctors advised her on dietary and lifestyle habits, which, if followed regularly, will help her maintain this long-term relief.



+91-294-6622222
www.narayanseva.org



Donate via UPI



10,000/-

narayanseva@sbi

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